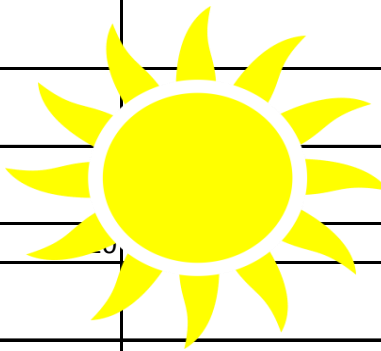
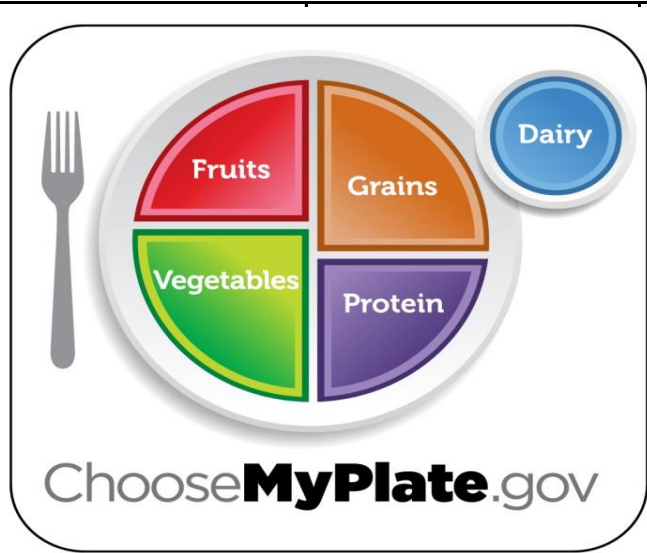


Plumas Lake Elementary Schools

Breakfast

August, 2016



		3	4	5
			11	12
		17	18	19
		Waffle	Breakfast Sausage Sandwich	French Toast
		Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick
		Chilled Applesauce and Seasonal Fruit	Raisins and Seasonal Fruit	100% Fruit Juice and Seasonal Fruit
22	23	24	25	26
Whole Grain Doughnut	Breakfast Pizza	Bagelful	Sausage and Pancake on a Stick	Fresh Baked Cinnamon Roll
Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick
100% Apple Juice and Seasonal Fruit	Orange Smiles and Seasonal Fruit	Chilled Diced Pears and Seasonal Fruit	Fresh Apple and Seasonal Fruit	100% Fruit Juice and Seasonal Fruit
29	30	31		
Muffin Choice	Breakfast Burrito	Waffle		
Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick		
100% Orange Juice and Seasonal Fruit	Fresh Banana and Seasonal Fruit	Chilled Applesauce and Seasonal Fruit		

Wonderful 1% White Milk and Nonfat Charming Chocolate Milk Offered At Each Meal!

Menu Subject To Change Without Notice

